

# Breast and Cervical Cancer Screening Saves Lives. Spread the Word!

- Most women who have these screenings find they do not have cancer. But if these tests find cancer early, they have the best chance for longer and healthier lives!
- Share the information in your community, at your church or where you work.
- Pass this brochure on to someone you care about.
- Become a Best Chance Network Volunteer

To find out how  
you can help contact  
the SC Best Chance Network  
at 1.800.ACS.2345  
1.800.227.2345

# Choose You and Take Charge of Your Health

- Eat Right
- Get Active
- Quit Smoking
- Get Regular Health Checks
- Protect Your Skin

Live a healthier life by preventing cancer or finding it early when it is most treatable.

To Learn more, call the  
**American Cancer Society at**  
**1-800-227-2345**

A Special  
*Invitation*  
To Take Charge  
Of Your Health

# Best Chance Network



South Carolina Breast and Cervical Cancer  
Early Detection Program



# South Carolina Best Chance Network

The Best Chance Network\* is a special program to help women who need to be screened for breast and cervical cancer.

## Screening services include:

- Clinical breast exam
- Mammogram
- Pelvic exam
- Pap test (if needed)
- Referral for follow-up\*\*
  - Referral for social services
  - Referral for treatment

You may be able to receive these services through the Best Chance Network if you meet these guidelines:

- you are 47-64 years old,
- you have no health insurance, or your health insurance only pays for hospital care, and
- you meet certain income guidelines.

\* Best Chance Network has a limited number of appointments available

\*\* A few follow-up services are not paid for by Best Chance Network



# Health Plan

The best way to protect your health is by taking charge.

**The Best Chance Network suggests the following steps for:**

## Breast Health

### Breast Exam by Healthcare Provider

- Every 3 years: Ages 20-39
- Yearly: Age 40 and Older

### Mammogram

- Yearly: Age 40 and older

### Breast Self Exam

- If you choose to do breast self exams ask your provider what you need to know

## Cervical Health

- Start 3 years after sexual activity begins but not later than age 21
- How often to have Pap test depends on your age and past test results
- Ask your healthcare provider what schedule is right for you

To learn more, call the American Cancer Society at 1.800.ACS.2345 (1.800.227.2345) and ask about the SC Best Chance Network

BEST CHANCE NETWORK | CONTACT REQUEST FORM

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_


Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

County: \_\_\_\_\_ Age: \_\_\_\_\_

Complete and mail this form to:

American Cancer Society  
Best Chance Network  
128 Stonemark Lane  
Columbia, SC 29210

 **Yes, I would like for someone to contact me about breast and cervical cancer screening resources in my community.**